

Helmets

Bicycle Safety Tips

Obey the rules of the road:

- Stop at all stop signs and red lights.
- Ride with traffic flow, not against it.
- Walk your bike across the road. Look left, right, than left again before crossing.
- Cross only at street corners, not mid-block.
- Use the correct hand signals when turning to let drivers know your intent.

This hand signal...	Means ...
	<p>Stop: Left arm out/down and palm back</p>
	<p>Left Turn: Left arm out</p>
	<p>Right Turn: Left arm out and up</p>
	<p>Alternate Right Turn: Right arm out</p>

Make sure your child's bike is appropriate for his/her height. The child should be able to touch the ground with the toes of their feet while sitting on the seat.

Make sure the bike is properly equipped with a bell/horn, rear red reflector and a front white light; this makes you visible and able to communicate with motorists and pedestrians.