

# Substance Misuse

## Prescription Medicine

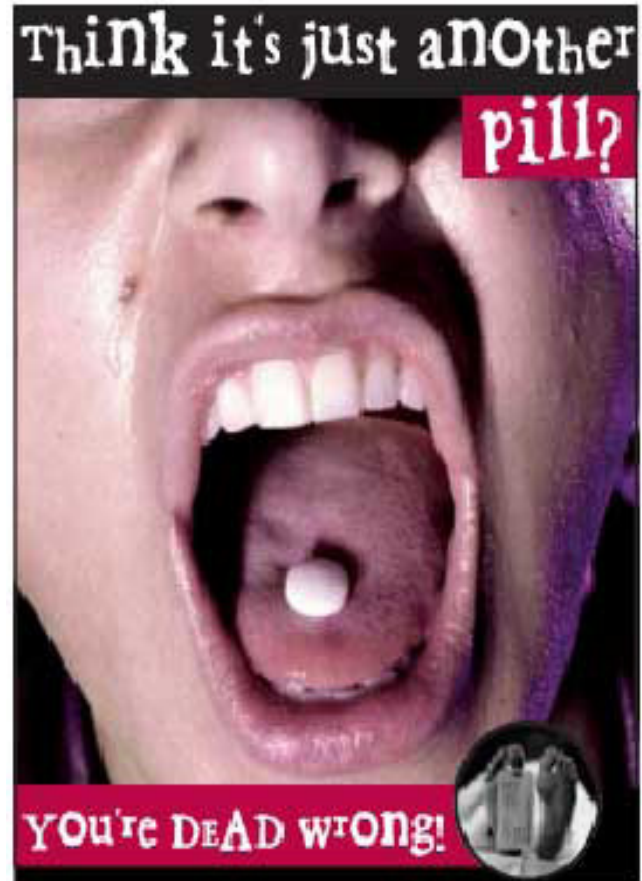
### Think It's Just Another Pill?...

Definition: Prescription medication is medicine prescribed by a doctor for an individual that is to be used solely by that individual and not by others.

Prescription medication abuse can lead to dependence, addiction and even death.

#### *Remember.....*

- Prescription medication is for specific individuals with specific needs.
- Prescription medication is helpful to that person.....harmful to you.
- Don't share your prescription medication!
- Drug abuse can lead to a life of addiction and dependence on drugs.
- "Just This Once"....All It Takes Is One Pill and One Time to Kill You.
- Prescription medication abuse can lead to dependence, addiction and even death.



### Useful links

- Hillbilly heroin and Jasmine's crystal death: [Common Ground](#)
- Discovery Channel School; Reality Matters: Prescription for Trouble (DVD or VHS)
- <http://school.discovery.com/lessonplans/programs/prescriptionForTrouble/>
- Painfully Obvious® exists to give you the facts about the effects and dangers of prescription drug abuse. It's important that you understand that depending on how prescription drugs are used, they can either save a life... or end it. The information on this site is intended to make it "Painfully Obvious®" that abusing prescription drugs is totally unsafe and totally uncool.
- [mindyourmind.ca](http://mindyourmind.ca) is an award-winning site for youth by youth. This is a place where you can get info, resources and the tools to help you manage stress, crisis and mental health problems. Share what you live and what you know with your friends.