

Substance Misuse

Signs of Drug Use

Although this is not a definitive list, there are often changes in behaviour that can indicate drug use in a friend or relative.

Drop in academic performance

Withdrawal

Isolation

Depression (See Mind Your Mind)

Fatigue

Deteriorating relationship with family and friends

Lost of interest in hobbies and sports

Change in eating/sleeping habits, such as

Vomiting

Diarrhea

Sweating

